

NAMBOUR TEAM - REGIONALS Feb 4th and 5th 2017, USCLAC

*Possible clashes marked in **ORANGE**. Team Manager will inform Clash Marshalls of clashes. Event times are for the start of a block of events (eg all 100m sprints) and not for each specific event. Event times may be brought forward by up to 30 mins.

AGE GROUP	ATHLETE	Event	Day	Time	Finals (**if required)
U7 B	Jarace GOSDEN #406	Long Jump	SAT	8:00 AM	
		100m	SAT	11:30 AM	
		Discus	SAT	2:00 PM	
		Shot Put	SUN	8:00 AM	
		70m	SUN	9:45 AM	
U7 B	Hugo MARTIN #413	Long Jump	SAT	8:00 AM	
		100m	SAT	11:30 AM	
		Discus	SAT	2:00 PM	
		70m	SUN	9:45 AM	
		200m	SUN	10:45 AM	
U7 B	Jack ROGERS #29	Shot Put	SUN	8:00 AM	
		70m	SUN	9:45 AM	
U8 B	Riley BANGHAM #66	60m Hurdles	SAT	10:45 AM	
		100m	SAT	11:30 AM	
		70m	SUN	9:45 AM	
		Discus	SUN	10:45 AM	
U8 B	Brayth BOXER #57	Shot Put	SAT	8:00 AM	
		60m Hurdles	SAT	10:45 AM	
		Long Jump	SUN	7:30 AM	
		Discus	SUN	10:45 AM	
U8 B	Jude BRIMELOW #71	Shot Put	SAT	8:00 AM	
		100m	SAT	11:30 AM	
		Long Jump	SUN	7:30 AM	
		200m	SUN	10:45 AM	
		Discus	SUN	10:45 AM	
U8 B	Benjamin COPE #434	Shot Put	SAT	8:00 AM	
		60m Hurdles	SAT	10:45 AM	
		Long Jump	SUN	7:30 AM	
		200m	SUN	10:45 AM	
		Discus	SUN	10:45 AM	
U8 G	Shylah CORDWELL #438	Long Jump	SUN	7:30 AM	
		70m	SUN	9:45 AM	
		Discus	SUN	10:45 AM	
U8 B	Xaviar GRIFFITH #2	Shot Put	SAT	8:00 AM	
		60m Hurdles	SAT	10:45 AM	
		Long Jump	SUN	7:30 AM	
		70m	SUN	9:45 AM	
		Discus	SUN	10:45 AM	

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AGE GROUP	ATHLETE	Event	Day	Time	Finals (**if required)
U8 B	Izaak GUNNING #28	Shot Put	SAT	8:00 AM	
		Long Jump	SUN	7:30 AM	
		70m	SUN	9:45 AM	
		Discus	SUN	10:45 AM	
U8 B	Vlad MARTIN #8	100m	SAT	11:30 AM	
		70m	SUN	9:45 AM	
		200m	SUN	10:45 AM	
U8 B	Zayne McDONALD #48	60m Hurdles	SAT	10:45 AM	
		100m	SAT	11:30 AM	
		Long Jump	SUN	7:30 AM	
		70m	SUN	9:45 AM	
		Discus	SUN	10:45 AM	
U8 B	Riley PEREIRA #1	Shot Put	SAT	8:00 AM	
		60m Hurdles	SAT	10:45 AM	
		70m	SUN	9:45 AM	
		Discus	SUN	10:45 AM	
U8 B	Ben THORNHILL #440	60m Hurdles	SAT	10:45 AM	
		100m	SAT	11:30 AM	
		Long Jump	SUN	7:30 AM	
		70m	SUN	9:45 AM	
		200m	SUN	10:45 AM	
U9 B	Charlie BANNISTER #45	400m	SAT	9:30 AM	
		100m	SAT	11:30 AM	
		Discus	SUN	9:30 AM	
		Shot Put	SUN	11:45 AM	
		Long Jump	SUN	3:30 PM	
U9 G	Aleera GOSDEN #405	100m	SAT	11:30 AM	3:15 PM
		Shot Put	SAT	12:00 PM	
		70m	SUN	9:45 AM	1:00 PM
		Long Jump	SUN	11:30 AM	
		Discus	SUN	1:00 PM	
U9 G	Matilda HAMMOND #28	High Jump	SAT	8:00 AM	
		400m	SAT	9:30 AM	1:15 PM
		60m Hurdles	SAT	10:45 AM	2:00 PM
		800m	SUN	8:30 AM	3:30 PM
		Long Jump	SUN	11:30 AM	
U9 G	Sage MILNE #15	High Jump	SAT	8:00 AM	
		400m	SAT	9:30 AM	1:15 PM
		800m	SUN	8:30 AM	3:30 PM
		200m	SUN	10:45 AM	2:15 PM

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U10 G	Grace BRIMELOW #32	Discus	SAT	8:00 AM	
		400m	SAT	9:30 AM	1:15 PM
		Long Jump	SAT	12:30 PM	
		800m	SUN	8:30 AM	3:30 PM
		Shot Put	SUN	1:00 PM	
U10 B	Jaxon GOSDEN #404	Discus	SAT	8:00 AM	
		60m Hurdles	SAT	10:45 AM	2:00 PM
		100m	SAT	11:30 AM	3:15 PM
		Long Jump	SAT	12:30 PM	
		Shot Put	SUN	1:00 PM	
U10 G	Natasha HAMMOND #27	Discus	SAT	8:00 AM	
		400m	SAT	9:30 AM	1:15 PM
		60m Hurdles	SAT	10:45 AM	2:00 PM
		Long Jump	SAT	12:30 PM	
		High Jump	SUN	11:15 AM	
U10 G	Pauline MARTIN #6	400m	SAT	9:30 AM	1:15 PM
		100m	SAT	11:30 AM	3:15 PM
		800m	SUN	8:30 AM	3:30 PM
		200m	SUN	10:45 AM	2:15 PM
U10 B	Sam THORNHILL #443	60m Hurdles	SAT	10:45 AM	2:00 PM
		100m	SAT	11:30 AM	3:15 PM
		70m	SUN	9:45 AM	1:00 PM
		200m	SUN	10:45 AM	2:15 PM
		High Jump	SUN	11:15 AM	
U11 B	Lachlan BANGHAM #65	1500m	SAT	8:30 AM	
		1100m Walk	SAT	4:00 PM	
		800m	SUN	8:30 AM	
U11 B	Jamie GRIFFITH #10	100m	SAT	11:30 AM	3:15 PM
		Discus	SAT	12:45 PM	
		High Jump	SUN	9:30 AM	
		Shot Put	SUN	11:15 AM	
		Javelin	SUN	3:00 PM	
U11 G	Rebecca PEREIRA #7	100m	SAT	11:30 AM	3:15 PM
		Discus	SAT	12:45 PM	
		Shot Put	SUN	11:15 AM	
U11 G	Lily PLOWMAN #439	Discus	SAT	12:45 PM	
		1100m Walk	SAT	4:00 PM	
		Long Jump	SAT	4:00 PM	
		Shot Put	SUN	11:15 AM	
		Javelin	SUN	3:00 PM	
U11 B	Taj QUINN #14	400m	SAT	9:30 AM	1:15 PM
		100m	SAT	11:30 AM	3:15 PM

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U11 B	Jake SIMPSON #18	Discus	SAT	12:45 PM	
		Shot Put	SUN	11:15 AM	
		Javelin	SUN	3:00 PM	
U11 G	Ashlee SPENCER #4	100m	SAT	11:30 AM	3:15 PM
		Discus	SAT	12:45 PM	
		Shot Put	SUN	11:15 AM	
		Javelin	SUN	3:00 PM	
U13 G	Alex ANGUS #3	Shot Put	SAT	4:00 PM	
		Javelin	SUN	8:30 AM	
		Discus	SUN	11:45 AM	
U13 G	Harley-Rose HEINEMANN #23	400m	SAT	9:30 AM	
		100m	SAT	11:30 AM	
		800m	SUN	8:30 AM	
		Discus	SUN	9:30 AM	
U13 B	Scott HANNAFORD #24	400m	SAT	9:30 AM	
		100m	SAT	11:30 AM	
		Discus	SUN	9:30 AM	
		Shot Put	SUN	11:45 AM	
		Long Jump	SUN	3:30 PM	
U14 G	Shelly-Leigh WEBBE #59	400m	SAT	9:30 AM	1:15 PM
		Triple Jump	SAT	9:45 AM	
		100m	SAT	11:30 AM	3:15 PM
		Long Jump	SUN	10:00 AM	
		200m	SUN	10:45 AM	2:15 PM
U15 G	Troy CORDWELL #444	100m	SAT	11:30 AM	3:15 PM
		Shot Put	SAT	2:00 PM	
		Javelin	SAT	3:45 PM	
		Long Jump	SUN	8:30 AM	
		Discus	SUN	4:00 PM	
U17 G	Kathleen WATERS #39	Shot Put	SAT	2:00 PM	
		Discus	SUN	4:00 PM	