

NAMBOUR TEAM - REGIONALS Feb 2014

Athlete	Event	Day	Time	Finals
Alexandra ANGUS (9) #444	Girls U10 Discus 500g	SAT	8:00 AM	
	Girls U10 60m Hurdles 60cm	SAT	10:00 AM	*
	Girls U10 1100m Walk	SAT	3:45 PM	
	Girls U10 70m Sprint	SUN	9:45 AM	*
	Girls U10 Shot Put 2kg	SUN	1:00 PM	
Grace BRIMELOW (6) #466	Girls U7 Long Jump	SAT	8:00 AM	
	Girls U7 100m Sprint	SAT	11:00 AM	
	Girls U7 70m Sprint	SUN	9:45 AM	
	Girls U7 200m Sprint	SUN	10:45 AM	
	Girls U7 Shot Put 1kg	SUN	2:30 PM	
Troy-Anne CORDWELL (11) #490	Girls U12 Discus 750g	SAT	9:45 AM	
	Girls U12 60m Hurdles 68cm	SAT	10:00 AM	*
	Girls U12 Triple Jump	SAT	3:00 PM	
	Girls U12 1500m Walk	SAT	3:45 PM	
	Girls U12 High Jump	SUN	8:00 AM	
Holly de KLERK (10) #441	Girls U11 60m Hurdles 60cm	SAT	10:00 AM	*
	Girls U11 100m Sprint	SAT	11:00 AM	*
	Girls U11 Long Jump	SAT	4:00 PM	
	Girls U11 200m Sprint	SUN	10:45 AM	*
Harley-Rose HEINEMANN (9) #463	Girls U10 400m Run	SAT	9:00 AM	*
	Girls U10 70m Sprint	SUN	9:45 AM	*
	Girls U10 Shot Put 2kg	SUN	1:00 PM	
Madison JORDAN (9) #432	Girls U10 Discus 500g	SAT	8:00 AM	
	Girls U10 Long Jump	SAT	12:30 PM	
	Girls U10 1100m Walk	SAT	3:45 PM	
	Girls U10 800m Run	SUN	8:30 AM	*
	Girls U10 Shot Put 2kg	SUN	1:00 PM	
Pauline MARTIN (6) #472	Girls U7 Long Jump	SAT	8:00 AM	
	Girls U7 100m Sprint	SAT	11:00 AM	
	Girls U7 Discus 350g	SAT	2:00 PM	
	Girls U7 200m Sprint	SUN	10:45 AM	
	Girls U7 Shot Put 1kg	SUN	2:30 PM	
Savannah McDONALD (9) #566	Girls U10 400m Run	SAT	9:00 AM	*
	Girls U10 60m Hurdles	SAT	10:00 AM	*
	Girls U10 100m Sprint	SAT	11:00 AM	*
Hannah PAULSEN (11) #434	Girls U12 Discus 750g	SAT	9:45 AM	
	Girls U12 60m Hurdles 68cm	SAT	10:00 AM	*
	Girls U12 100m Sprint	SAT	11:00 AM	*
	Girls U12 Javelin 400g	SAT	12:30 PM	
Lily PLOWMAN (7) #433	Girls U8 60m Hurdles 45cm	SAT	10:00 AM	
	Girls U8 100m Sprint	SAT	11:00 AM	
	Girls U8 Long Jump	SUN	9:00 AM	
	Girls U8 Discus 500g	SUN	10:45 AM	
	Girls U8 200m Sprint	SUN	10:45 AM	

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Emma PRINGLE (7) #453	Girls U8 100m Sprint	SAT	11:00 AM	
	Girls U8 Long Jump	SUN	9:00 AM	
	Girls U8 70m Sprint	SUN	9:45 AM	
	Girls U8 Discus 500g	SUN	10:45 AM	
	Girls U8 200m Sprint	SUN	10:45 AM	
Hannah PRINGLE (10) #452	Girls U11 400m Run	SAT	9:00 AM	*
	Girls U11 100m Sprint	SAT	11:00 AM	*
	Girls U11 Long Jump	SAT	4:00 PM	
	Girls U11 High Jump	SUN	9:30 AM	
	Girls U11 Shot Put 2kg	SUN	11:00 AM	
Isabella SIMPSON (10) #437	Girls U11 60m Hurdles 60cm	SAT	10:00 AM	*
	Girls U11 Discus 750g	SAT	10:45 AM	
	Girls U11 Long Jump	SAT	4:00 PM	
	Girls U11 800m Run	SUN	8:30 AM	*
	Girls U11 Javelin 400g	SUN	3:00 PM	
Ashlee SPENCER (7) #567	Girls U8 Shot Put 1.5kg	SAT	8:00 AM	
	Girls U8 100m Sprint	SAT	11:00 AM	
	Girls U8 Long Jump	SUN	9:00 AM	
	Girls U8 70m Sprint	SUN	9:45 AM	
	Girls U8 Discus 500g	SUN	10:45 AM	
Kathleen WATERS (13) #457	Girls U14 Triple Jump	SAT	9:45 AM	
	Girls U14 100m Sprint	SAT	11:00 AM	*
	Girls U14 Discus 1kg	SAT	3:00 PM	
	Girls U14 Shot Put 3kg	SUN	9:00 AM	
	Girls U14 Long Jump	SUN	11:00 AM	
Shelly-Leigh WEBBE (10) #455	Girls U11 60m Hurdles 60cm	SAT	10:00 AM	*
	Girls U11 100m Sprint	SAT	11:00 AM	*
	Girls U11 Long Jump	SAT	4:00 PM	
	Girls U11 200m Sprint	SUN	10:45 AM	*
Kenley WYLLIE (14) #500	Girls U15 Javelin 500g	SAT	3:45 PM	
	Girls U15 200m Hurdles 76cm	SUN	8:00 AM	*
	Girls U15 Triple Jump	SUN	1:00 PM	
	Girls U15 90m Hurdles 76cm	SUN	1:45 PM	*
	Girls U15 Discus 1kg	SUN	2:30 PM	
Cecilia WEBBE (15) #454	Girls U16 High Jump	SAT	10:15 AM	
	Girls U16 100m	SAT	11:00 AM	*
	Girls U16 Long Jump	SUN	8:15 AM	
	Girls U16 200m	SUN	10:45 AM	*
	Girls U16 Triple Jump	SUN	1:00 PM	

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Jonathan ANGUS (14) #443	Boys U15 400m Run	SAT	9:00 AM	*
	Boys U15 High Jump	SAT	11:30 AM	
	Boys U15 Javelin 700g	SAT	3:45 PM	
	Boys U15 800m Run	SUN	8:30 AM	*
	Boys U15 Discus 1kg	SUN	2:30 PM	
Dale APPEL (9) #492	Boys U10 60m Hurdles 60cm	SAT	10:00 AM	*
	Boys U10 100m Sprint	SAT	11:00 AM	*
	Boys U10 Long Jump	SAT	12:30 PM	
	Boys U10 70m Sprint	SUN	9:45 AM	
Kurt BAILEY (8) #479	Boys U9 100m Sprint	SAT	11:00 AM	*
	Boys U9 Shot Put 2kg	SAT	11:45 AM	
	Boys U9 70m Sprint	SUN	9:45 AM	*
	Boys U9 Long Jump	SUN	10:00 AM	
	Boys U9 200m Sprint	SUN	10:45 AM	*
Jack BANNISTER (6) #467	Boys U7 Long Jump	SAT	8:00 AM	
	Boys U7 100m Sprint	SAT	11:00 AM	
	Boys U7 Discus 350g	SAT	2:00 PM	
	Boys U7 70m Sprint	SUN	9:45 AM	
	Boys U7 Shot Put 1kg	SUN	2:30 PM	
Dylan CORDWELL (10) #491	Boys U11 60m Hurdles 60cm	SAT	10:00 AM	*
	Boys U11 Discus 750g	SAT	10:45 AM	
	Boys U11 High Jump	SUN	9:30 AM	
	Boys U11 Shot Put 2kg	SUN	11:00 AM	
	Boys U11 Javelin 400g	SUN	3:00 PM	
Jamie GRIFFITH (7) #451	Boys U8 Shot Put 1.5kg	SAT	8:00 AM	
	Boys U8 100m Sprint	SAT	11:00 AM	
	Boys U8 Long Jump	SUN	9:00 AM	
	Boys U8 70m Sprint	SUN	9:45 AM	
	Boys U8 Discus 500g	SUN	10:45 AM	
Scott HANNAFORD (9) #462	Boys U10 Discus 500g	SAT	8:00 AM	
	Boys U10 100m Sprint	SAT	11:00 AM	*
	Boys U10 Long Jump	SAT	12:30 PM	
	Boys U10 70m Sprint	SUN	9:45 AM	*
	Boys U10 Shot Put 2kg	SUN	1:00 PM	
Kodi HEINEMANN (10) #459	Boys U11 Discus 750g	SAT	10:45 AM	
	Boys U11 1100m Walk	SAT	3:45 PM	
	Boys U11 Long Jump	SAT	4:00 PM	
	Boys U11 Shot Put 2kg	SUN	11:00 AM	
	Boys U11 Javelin 400g	SUN	3:00 PM	
Blade HEINEMANN-TILLEY (12) #460	Boys U13 High Jump	SAT	9:15 AM	
	Boys U13 1500m Walk	SAT	3:45 PM	
	Boys U13 Shot Put 3kg	SAT	4:00 PM	
	Boys U13 Discus 1kg	SUN	8:00 AM	
	Boys U13 Javelin 600g	SUN	9:00 AM	

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Athlete	Event	Day	Time	Finals
Riley HEYWOOD (6) #471	Boys U7 Long Jump	SAT	8:00 AM	
	Boys U7 100m Sprint	SAT	11:00 AM	
	Boys U7 Discus 350g	SAT	2:00 PM	
	Boys U7 70m Sprint	SUN	9:45 AM	
	Boys U7 Shot Put 1kg	SUN	2:30 PM	
Corey MCNEISH (12) #461	Boys U13 1500m Run	SAT	8:00 AM	
	Boys U13 Discus 1kg	SUN	8:00 AM	
	Boys U13 800m Run	SUN	8:30 AM	*
	Boys U13 Javelin 600g	SUN	9:00 AM	
	Boys U13 Triple Jump	SUN	3:30 PM	
Banjo MURRAY (7) #564	Boys U8 Shot Put 1.5kg	SAT	8:00 AM	
	Boys U8 60m Hurdles 45cm	SAT	10:00 AM	
	Boys U8 Long Jump	SUN	9:00 AM	
	Boys U8 70m Sprint	SUN	9:45 AM	
	Boys U8 Discus 500g	SUN	10:45 AM	
Jake SIMPSON (7) #438	Boys U8 Shot Put 1.5kg	SAT	8:00 AM	
	Boys U8 60m Hurdles 45cm	SAT	10:00 AM	
	Boys U8 Long Jump	SUN	9:00 AM	
	Boys U8 70m Sprint	SUN	9:45 AM	
	Boys U8 Discus 500g	SUN	10:45 AM	
Cameron VAN DEN BOSCH (11) #565	Boys U12 Discus 750g	SAT	9:45 AM	
	Boys U12 60m Hurdles 68cm	SAT	10:00 AM	*
	Boys U12 100m Sprint	SAT	11:00 AM	*
	Boys U12 800m Run	SUN	8:30 AM	*
	Boys U12 Long Jump	SUN	2:00 PM	
Evan WATSON (8) #435	Boys U9 60m Hurdles 45cm	SAT	10:00 AM	*
	Boys U9 Shot Put 2kg	SAT	11:45 AM	
	Boys U9 700m Walk	SAT	3:45 PM	
	Boys U9 800m Run	SUN	8:30 AM	*
	Boys U9 Long Jump	SUN	10:00 AM	
Seth WATSON (7) #436	Boys U8 Shot Put 1.5kg	SAT	8:00 AM	
	Boys U8 100m Sprint	SAT	11:00 AM	
	Boys U8 Long Jump	SUN	9:00 AM	
	Boys U8 70m Sprint	SUN	9:45 AM	
	Boys U8 200m Sprint	SUN	10:45 AM	
Jack WYLLIE (11) #499	Boys U12 Discus 750g	SAT	9:45 AM	
	Boys U12 Javelin 400g	SAT	12:30 PM	
	Boys U12 Shot Put 3kg	SUN	10:00 AM	
	Boys U12 Long Jump	SUN	2:00 PM	