

NAMBOUR TEAM - REGIONALS Feb 6th and 7th 2016, Caloundra LAC

*Possible clashes marked in **ORANGE**. Team Manager will inform Arena Manager of clashes. Event times are for the start of a block of events (eg all 100m sprints) and not for each specific event. Event times may be brought forward by up to 30 mins.

| ATHLETE | Event | Day | Time | Finals (**if required) |
|------------------------------------|------------------------|-----|----------|---------------------------|
| Alexandra ANGUS (#3) | Girls U12 Discus 750g | SAT | 9:30 AM | |
| | Girls U12 Javelin 400g | SAT | 12:30 PM | |
| | Girls U12 Triple Jump | SAT | 3:30 PM | |
| | Girls U12 Shot Put 2kg | SUN | 10:00 AM | |
| Grace BRIMELOW (#52) | Girls U9 400m Run | SAT | 9:00 AM | 1:00 PM |
| | Girls U9 700m Walk | SAT | 3:45 PM | |
| | Girls U9 800m Run | SUN | 8:30 AM | 3:30 PM** |
| | Girls U9 Discus 500g | SUN | 9:00 AM | |
| | Girls U9 Long Jump | SUN | 10:15 AM | |
| Shylah CORDWELL (#78) | Girls U7 Discus 350g | SAT | 2:00 PM | |
| | Girls U7 70m Sprint | SUN | 9:45 AM | |
| | Girls U7 Shot Put 1kg | SUN | 2:00 PM | |
| Troy-Anne CORDWELL (#72) | Girls U14 100m Sprint | SAT | 11:00 AM | 3:00 PM |
| | Girls U14 Shot Put 3kg | SUN | 9:00 AM | |
| | Girls U14 Javelin 400g | SUN | 10:00 AM | |
| | Girls U14 Long Jump | SUN | 11:00 AM | |
| | Girls U14 High Jump | SUN | 12:30 PM | |
| Inez EMERY (#37) | Girls U11 Triple Jump | SAT | 8:00 AM | |
| | Girls U11 Long Jump | SAT | 2:45 PM | |
| | Girls U11 Shot Put 2kg | SUN | 11:00 AM | |
| | Girls U11 Discus 750g | SUN | 12:30 PM | |
| | Girls U11 Javelin 400g | SUN | 1:30 PM | |
| Harley-Rose HEINEMANN (#16) | Girls U12 800m Run | SUN | 8:30 AM | |
| | Girls U12 Shot Put 2kg | SUN | 10:00 AM | |
| Pauline MARTIN (#28) | Girls U9 400m Run | SAT | 9:00 AM | 1:00 PM |
| | Girls U9 100m Sprint | SAT | 11:00 AM | 3:00 PM |
| | Girls U9 800m Run | SUN | 8:30 AM | 3:30 PM** |
| | Girls U9 70m Sprint | SUN | 9:45 AM | 1:10 PM |
| | Girls U9 200m Sprint | SUN | 10:45 AM | 2:15 PM |
| Rebecca PEREIRA (#48) | Girls U10 Discus 500g | SAT | 8:00 AM | |
| | Girls U10 100m Run | SAT | 11:00 AM | 3:00 PM |
| | Girls U10 Long Jump | SAT | 12:30 PM | |
| | Girls U10 70m Sprint | SUN | 9:45 AM | 1:10 PM |
| | Girls U10 Shot Put 2kg | SUN | 12:30 PM | |
| Lily PLOWMAN (#2) | Girls U10 Discus 500g | SAT | 8:00 AM | |
| | Girls U10 60m Hurdles | SAT | 10:00 AM | 2:00 PM |
| | Girls U10 Long Jump | SAT | 12:30 PM | |
| | Girls U10 1100m Walk | SAT | 3:45 PM | |
| | Girls U10 Shot Put 2kg | SUN | 12:30 PM | |

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|---------------------------------|------------------------|-----|----------|------------------------|
| Kirra ROND (#42) | Girls U14 400m Run | SAT | 9:00 AM | 1:00 PM |
| | Girls U14 1500m Walk | SAT | 3:45 PM | |
| | Girls U14 200m Hurdles | SUN | 8:00 AM | 1:30 PM** |
| | Girls U14 800m Run | SUN | 8:30 AM | 3:30 PM** |
| | Girls U14 High Jump | SUN | 12:30 PM | |
| Ashlee SPENCER (#7) | Girls U10 Discus 500g | SAT | 8:00 AM | |
| | Girls U10 100m Sprint | SAT | 11:00 AM | 3:00 PM |
| | Girls U10 Long Jump | SAT | 12:30 PM | |
| | Girls U10 70m Sprint | SUN | 9:45 AM | 1:10 PM |
| | Girls U10 Shot Put 2kg | SUN | 12:30 PM | |
| Kathleen WATERS (#46) | Girls U16 100m Sprint | SAT | 11:00 AM | 3:00 PM |
| | Girls U16 Shot Put 3kg | SAT | 1:30 PM | |
| | Girls U16 Discus 1kg | SUN | 2:00 PM | |
| Shelly-Leigh WEBBE (#51) | Girls U13 400m Run | SAT | 9:00 AM | 1:00 PM |
| | Girls U13 100m Sprint | SAT | 11:00 AM | 3:00 PM |
| | Girls U13 Long Jump | SAT | 1:45 PM | |
| | Girls U13 800m Run | SUN | 8:30 AM | 3:30 PM** |
| | Girls U13 200m Sprint | SUN | 10:45 AM | 2:15 PM |
| Kenley WYLLIE (#61) | Girls U17 Javelin 500g | SAT | 2:30 PM | |
| | Girls U17 90m Hurdles | SUN | 12:30 PM | 3:15 PM** |
| | Girls U17 Triple Jump | SUN | 1:00 PM | |
| | Girls U17 Discus 1kg | SUN | 2:00 PM | |
| Jonathan ANGUS (#1) | Boys U17 1500m Run | SAT | 8:00 AM | *straight final |
| | Boys U17 High Jump | SAT | 10:15 AM | |
| | Boys U17 Javelin 700g | SAT | 2:30 PM | |
| | Boys U17 800m Run | SUN | 8:30 AM | 3:30 PM** |
| | Boys U17 Discus 1kg | SUN | 2:00 PM | |
| Hunter BRADY (#49) | Boys U9 High Jump | SAT | 8:00 AM | |
| | Boys U9 400m Run | SAT | 9:00 AM | 1:00 PM |
| | Boys U9 Shot Put 2kg | SAT | 11:15 AM | |
| | Boys U9 Discus 500g | SUN | 9:00 AM | |
| | Boys U9 Long Jump | SUN | 10:15 AM | |
| Jude BRIMELOW (#53) | Boys U7 100m Sprint | SAT | 11:00 AM | |
| | Boys U7 Long Jump | SAT | 11:00 AM | |
| | Boys U7 Discus 350g | SAT | 2:00 PM | |
| | Boys U7 200m Sprint | SUN | 10:45 AM | |
| | Boys U7 Shot Put 1kg | SUN | 2:00 PM | |

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|--------------------------------|------------------------|-----|----------|---------------------------|
| Kyl EMERY (#30) | Boys U7 100m Sprint | SAT | 11:00 AM | |
| | Boys U7 Long Jump | SAT | 11:00 AM | |
| | Boys U7 Discus 350g | SAT | 2:00 PM | |
| | Boys U7 70m Sprint | SUN | 9:45 AM | |
| | Boys U7 Shot Put 1kg | SUN | 2:00 PM | |
| Jamie GRIFFITH (#8) | Boys U10 Discus 500g | SAT | 8:00 AM | |
| | Boys U10 60m Hurdles | SAT | 10:00 AM | 2:00 PM |
| | Boys U10 Long Jump | SAT | 12:30 PM | |
| | Boys U10 70m Sprint | SUN | 9:45 AM | 1:10 PM |
| | Boys U10 Shot Put 2kg | SUN | 12:30 PM | |
| Xaviar GRIFFITH (#9) | Boys U7 100m Sprint | SAT | 11:00 AM | |
| | Boys U7 Long Jump | SAT | 11:00 AM | |
| | Boys U7 Discus 350g | SAT | 2:00 PM | |
| | Boys U7 70m Sprint | SUN | 9:45 AM | |
| | Boys U7 Shot Put 1kg | SUN | 2:00 PM | |
| Scott HANNAFORD (#15) | Boys U12 Shot Put 3kg | SUN | 10:00 AM | |
| | Boys U12 200m Sprint | SUN | 10:45 AM | |
| Cameron LABINSKY (#26) | Boys U15 100m Sprint | SAT | 11:00 AM | 3:00 PM |
| | Boys U15 Shot Put 4kg | SAT | 1:30 PM | |
| | Boys U15 Javelin 700g | SAT | 2:30 PM | |
| Mitchell LABINSKY (#24) | Boys U8 Shot Put 1.5kg | SAT | 8:00 AM | |
| | Boys U8 60m Hurdles | SAT | 10:00 AM | |
| | Boys U8 100m Sprint | SAT | 11:00 AM | |
| Vlad MARTIN (#33) | Boys U7 100m Sprint | SAT | 11:00 AM | |
| | Boys U7 Long Jump | SAT | 11:00 AM | |
| | Boys U7 Discus 350g | SAT | 2:00 PM | |
| | Boys U7 70m Sprint | SUN | 9:45 AM | |
| | Boys U7 200m Sprint | SUN | 10:45 AM | |
| Riley PEREIRA (#47) | Boys U7 100m Sprint | SAT | 11:00 AM | |
| | Boys U7 Long Jump | SAT | 11:00 AM | |
| | Boys U7 Discus 350g | SAT | 2:00 PM | |
| | Boys U7 70m Sprint | SUN | 9:45 AM | |
| | Boys U7 Shot Put 1kg | SUN | 2:00 PM | |
| Louis ROGERS (#35) | Boys U12 800m Run | SUN | 8:30 AM | 3:30 PM** |