

NAMBOUR Relays 2016 - TRACK TEAMS

UNDER 7 - BOYS / MIXED

4 x 70m Shuttle Relay

Hugo Martin
Jack Rogers
Halle Brown
Grace Taylor (Bli Bli)

UNDER 8 - BOYS / MIXED

4 x 100m Shuttle Relay

Team 1

Zayne McDonald
Riley Pereira
Vlad Martin
Jude Brimelow

Team 2

Riley Bangham
Brayth Boxer
Joel Coster
William Montgomerie

4 x 100m Shuttle Relay

Team 3

Xaviar Griffith
Izaak Gunning
Lilly-Rose Brewer
Shylah Cordwell

UNDER 10 GIRLS

4 x 100m

Team 1

Pauline Martin
Grace Brimelow
Natasha Hammond
Emma Dooley (U9)

4 x 100m

Team 2

~~Emily Saw (U10 - Bli Bli)~~
Melody Owen (U10 - Bli Bli)
Matilda Hammond (U9)
Sage Milne (U9)

4 x 200m

Team 1

Pauline Martin
Grace Brimelow
Natasha Hammond
Isla Brown

4 x 200m

Team 2

~~Emily Saw (U10 - Bli Bli)~~
Emma Dooley (U9)
Matilda Hammond (U9)
Sage Milne (U9)
Melody Owen (U10 - Bli Bli)

UNDER 10 BOYS

4 x 100m

Luke Coster
Isaac Madsen
Mitchell Labinsky (U9)
Millan Power (U9)

4 x 200m

Luke Coster
Isaac Madsen
Mitchell Labinsky (U9)
Millan Power (U9)

UNDER 11 GIRLS

4 x 100m

Lily Plowman
Mikayla Montgomerie
Rebecca Pereira
Ashlee Spencer

4 x Medley

Lily Plowman - 400m
Mikayla Montgomerie - 800m
Rebecca Pereira - 200m
Ashlee Spencer - 200m

UNDER 11 BOYS / MIXED

4 x 100m

Jamie Griffith
Lachlan Bangham
Joshua Freeman (Sth Burnett)
Lillyanna Thompson (Sth Burnett)
Isaac Kent (Bli) - RESERVE

4 x Medley

Jamie Griffith
Lachlan Bangham
Joshua Freeman (Sth Burnett)
Lillyanna Thompson (Sth Burnett)
Isaac Kent (Bli) - RESERVE

UNDER 13 GIRLS

4 x 100m

Team 1

Breanna Burrell
Emily-Jane Rowland
Amy Dooley (U12)
Shakiah Smith (Bli Bli)

4 x 100m

Team 2

~~Zara Roberts~~
Kailee Freeman (U12)
Alexandra Angus
Maddison Montgomerie

4 x Medley

Breanna Burrell - 800m
Kailee Freeman (U12) - 200m
Maddison Montgomerie - 400m
Alexandra Angus - 200m
~~Zara Roberts - Reserve~~

UNDER 13 BOYS / MIXED

4 x 100m

Louis Rogers
Benjamin Brown (Bli Bli)
~~Lachlan Saw (Bli Bli)~~
Oscar Everett (Bli Bli)

4 x Medley

Louis Rogers - 800m
Emily-Jane Rowland - 200m
Amy Dooley (U12) - 400m
Shakiah Smith (Bli Bli) - 200m

UNDER 16 BOYS / MIXED

4 x 100m

Cameron Labinsky
Jackson Carter (U14)
~~Troy Cordwell (U15)~~
Shelly-Leigh Webbe (U14)
Joshua Vaughan (MAR U15)

4 x Medley

Cameron Labinsky - 800m
~~Jackson Carter (U14) - 400m~~
~~Troy Cordwell (U15) - 200m~~
Shelly-Leigh Webbe (U14) - 200m
Joshua Vaughan (MAR U15)

NAMBOUR LITTLE ATHLETICS - Regional Relay Teams 2016

Under 7

Jack Rogers

7:30 AM Boys U7 Long Jump
 9:00 AM Boys U7 Discus
 11:15 AM Boys/Mixed U7 4x70m Relay Shuttle

Hugo MARTIN

7:30 AM Boys U7 Long Jump
 9:00 AM Boys U7 Discus
 11:15 AM Boys/Mixed U7 4x70m Relay Shuttle

Halle BROWN

7:30 AM Girls U7 Long Jump
 11:15 AM Boys/Mixed U7 4x70m Relay Shuttle

Under 8

Jude BRIMELOW

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys U8 4x100m Relay Shuttle

Riley PEREIRA

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys U8 4x100m Relay Shuttle

Zayne McDONALD

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys U8 4x100m Relay Shuttle

Brayth BOXER

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys U8 4x100m Relay Shuttle

Riley BANGHAM

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys U8 4x100m Relay Shuttle

Vlad MARTIN

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys U8 4x100m Relay Shuttle

Xaviar GRIFFITH

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys U8 4x100m Relay Shuttle

Joel COSTER

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys U8 4x100m Relay Shuttle

William MONTGOMERIE

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys/Mixed U8 4x100m Relay Shuttle

Izaac GUNNING

7:30 AM Boys U8 Discus
 9:00 AM Boys U8 Long Jump
 11:30 AM Boys/Mixed U8 4x100m Relay Shuttle

Shylah CORDWELL

7:30 AM Girls U8 Discus
 9:00 AM Girls U8 Long Jump
 11:30 AM Boys/Mixed U8 4x100m Relay Shuttle

Lily Rose BREWER

7:30 AM Girls U8 Discus
 9:00 AM Girls U8 Long Jump
 11:30 AM Boys/Mixed U8 4x100m Relay Shuttle

Under 9

Mitchell LABINSKY

7:30 AM Boys U9 High Jump
 9:30 AM Boys U9 Shot Put
 10:15 AM Boys U10 4 x 200m Relay
 10:45 AM Boys U9 Discus
 2:30 PM Boys U10 4 x 100m Relay

Millan POWER

7:30 AM Boys U9 High Jump
 9:30 AM Boys U9 Shot Put
 10:15 AM Boys U10 4 x 200m Relay
 10:45 AM Boys U9 Discus
 2:30 PM Boys U10 4 x 100m Relay

Sage MILNE

7:30 AM Girls U9 High Jump
 9:30 AM Girls U9 Shot Put
 10:15 AM Girls U10 4 x 200m Relay
 11:30 AM Girls U9 Discus
 2:30 PM Girls U10 4 x 100m Relay

Matilda HAMMOND

7:30 AM Girls U9 High Jump
 9:30 AM Girls U9 Shot Put
 10:15 AM Girls U10 4 x 200m Relay
 11:30 AM Girls U9 Discus
 2:30 PM Girls U10 4 x 100m Relay

Emma DOOLEY

7:30 AM Girls U9 High Jump
 9:30 AM Girls U9 Shot Put
 10:15 AM Girls U10 4 x 200m Relay
 11:30 AM Girls U9 Discus
 2:30 PM Girls U10 4 x 100m Relay

NAMBOUR LITTLE ATHLETICS - Regional Relay Teams 2016

Under 10

Izac MASNEN

9:30 AM	Boys	U10	High Jump
10:15 AM	Boys	U10	4 x 200m Relay
11:30 AM	Boys	U10	Shot Put
2:30 PM	Boys	U10	Long Jump
2:30 PM	Boys	U10	4 x 100m Relay

Isla BROWN

9:30 AM	Girls	U10	High Jump
10:15 AM	Girls	U10	4 x 200m Relay

Grace BRIMELOW

10:15 AM	Girls	U10	4 x 200m Relay
11:30 AM	Girls	U10	Shot Put
2:30 PM	Girls	U10	Long Jump
2:30 PM	Girls	U10	4 x 100m Relay

Jamie GRIFFITH

11:00 AM	Boys	U11	Long Jump
12:50 PM	Boys	U11	Discus
1:40 PM	Boys	U11	4 x 100m Relay
3:45 PM	Boys	U11	4 x Medley Relay
4:00 PM	Boys	U11	Shot Put

Rebecca PEREIRA

1:40 PM	Girls	U11	4 x 100m Relay
1:45 PM	Girls	U11	Discus
3:45 PM	Girls	U11	4 x Medley Relay
4:00 PM	Girls	U11	Shot Put

Mikayla MONTGOMERIE

11:00 AM	Girls	U11	Long Jump
1:40 PM	Girls	U11	4 x 100m Relay
1:45 PM	Girls	U11	Discus
3:45 PM	Girls	U11	4 x Medley Relay
4:00 PM	Girls	U11	Shot Put

Amy DOOLEY

7:30 AM	Girls	U12	Long Jump
8:10 AM	Boys/Mixed	U13	4 x Medley Relay
10:00 AM	Girls	U12	Discus
1:40 PM	Girls	U13	4 x 100m Relay
3:45 PM	Girls	U12	High Jump

Luke COSTER

9:30 AM	Boys	U10	High Jump
10:15 AM	Boys	U10	4 x 200m Relay
11:30 AM	Boys	U10	Shot Put
2:30 PM	Boys	U10	Long Jump
2:30 PM	Boys	U10	4 x 100m Relay

Pauline MARTIN

10:15 AM	Girls	U10	4 x 200m Relay
11:30 AM	Girls	U10	Shot Put
2:30 PM	Girls	U10	Long Jump
2:30 PM	Girls	U10	4 x 100m Relay

Natasha HAMMOND

9:30 AM	Girls	U10	High Jump
10:15 AM	Girls	U10	4 x 200m Relay
11:30 AM	Girls	U10	Shot Put
2:30 PM	Girls	U10	Long Jump
2:30 PM	Girls	U10	4 x 100m Relay

Under 11

Lachlan BANGHAM

11:00 AM	Boys	U11	Long Jump
12:50 PM	Boys	U11	Discus
1:40 PM	Boys	U11	4 x 100m Relay
3:45 PM	Boys	U11	4 x Medley Relay
4:00 PM	Boys	U11	Shot Put

Lily PLOWMAN

11:00 AM	Girls	U11	Long Jump
1:40 PM	Girls	U11	4 x 100m Relay
1:45 PM	Girls	U11	Discus
3:45 PM	Girls	U11	4 x Medley Relay
4:00 PM	Girls	U11	Shot Put

Ashlee SPENCER

11:00 AM	Girls	U11	Long Jump
1:40 PM	Girls	U11	4 x 100m Relay
1:45 PM	Girls	U11	Discus
3:45 PM	Girls	U11	4 x Medley Relay
4:00 PM	Girls	U11	Shot Put

Under 12

Kailee FREEMAN

7:30 AM	Girls	U12	Long Jump
8:10 AM	Girls	U13	4 x Medley Relay
10:00 AM	Girls	U12	Discus
1:40 PM	Girls	U13	4 x 100m Relay
3:45 PM	Girls	U12	High Jump

NAMBOUR LITTLE ATHLETICS - Regional Relay Teams 2016

Under 13

Louis ROGERS

8:10 AM Boys/Mixed U13 4 x Medley Relay
 1:40 PM Boys U13 4 x 100m Relay

Emily Jane ROWLAND

8:10 AM Girls U13 4 x Medley Relay
 1:40 PM Girls U13 4 x 100m Relay

Maddison MONTGOMERIE

7:30 AM Girls U13 Discus
 8:10 AM Boys/Mixed U13 4 x Medley Relay
 1:40 PM Girls U13 4 x 100m Relay
 2:45 PM Girls U13 Shot Put

Zara ROBERTS

~~7:30 AM Girls U13 Discus~~
~~8:10 AM Girls U13 4 x Medley Relay (RES)~~
~~1:40 PM Girls U13 4 x 100m Relay~~

Alex ANGUS

7:30 AM Girls U13 Discus
 8:10 AM Girls U13 4 x Medley Relay
 12:00 PM Girls U13 High Jump
 1:40 PM Girls U13 4 x 100m Relay
 2:45 PM Girls U13 Shot Put

Breanna BURRELL

7:30 AM Girls U13 Discus
 8:10 AM Girls U13 4 x Medley Relay
 12:00 PM Girls U13 High Jump
 1:40 PM Girls U13 4 x 100m Relay
 2:45 PM Girls U13 Shot Put

Jackson CARTER

7:30 AM Boys/Mixed U16 Distance Medley Relay
 12:30 PM Boys/Mixed U16 4 x 100m Relay
 2:30 PM Boys U14 High Jump

Troy CORDWELL

~~7:30 AM Boys/Mixed U16 Distance Medley Relay~~
~~11:00 AM Girls U15 Long Jump~~
~~12:30 PM Boys/Mixed U16 4 x 100m Relay~~
~~2:00 PM Girls U17 Shot Put~~
~~16:15 Girls U17 Discus~~

Cameron LABINSKY

7:30 AM Boys/Mixed U16 Distance Medley Relay
 9:00 AM Boys U16 Shot Put
 12:30 PM Boys/Mixed U16 4 x 100m Relay
 2:30 PM Boys U16 Long Jump

Kathleen WATERS

2:00 PM Girls U17 Shot Put
 5:15 PM Girls U17 Discus

Under 14

Shelly-Leigh WEBBE

7:30 AM Boys/Mixed U16 Distance Medley Relay
 12:30 PM Girls U14 Long Jump
 12:30 PM Boys/Mixed U16 4 x 100m Relay

Under 15

Under 16

Under 17