

DRAFT PROGRAM

*Events times may be brought forward up to 30minutes
Heats and finals will be adjusted as necessary*

7:30am

1	Boys U 17 Medley	Finals
2	Girls U 17 Medley	Finals
3	Boys U 16 Medley	Finals
4	Girls U 16 Medley	Finals
5	Boys U 12 Long Jump	Finals
6	Girls U 12 Long Jump	Finals
7	Boys U 7 Long Jump	Finals
8	Girls U 7 Long Jump	Finals
9	Boys U 8 Discus	Finals
10	Girls U 8 Discus	Finals
11	Girls U 13 Discus	Finals
12	Boys U 9 High Jump	Finals
13	Girls U 9 High Jump	Finals
14	Boys U 14 Shot Put	Finals
15	Girls U 14 Shot Put	Finals

8:10am

16	Boys U 15 Medley	Finals
17	Girls U 15 Medley	Finals
18	Boys U 14 Medley	Finals
19	Girls U 14 Medley	Finals
20	Boys U 13 Medley	Finals
21	Girls U 13 Medley	Finals

9:00am

22	Boys U 8 Long Jump	Finals
23	Girls U 8 Long Jump	Finals
24	Boys U 13 Discus	Finals
25	Boys U 16 Shot Put	Finals
26	Girls U 16 Shot Put	Finals

9:30am

27	Boys U 15 100 m Regional Relay Team runoff	
28	Girls U 15 100 m Regional Relay Team runoff	
29	Boys U 7 Discus	Finals
30	Girls U 7 Discus	Finals
31	Boys U 10 High Jump	Finals
32	Girls U 10 High Jump	Finals
33	Boys U 9 Shot Put	Finals
34	Girls U 9 Shot Put	Finals

9:55am

35	Boys U 17 400 m Regional Relay Team runoff	
36	Girls U 17 400 m Regional Relay Team runoff	

10:15am

37	Boys U 9 4x200 m	Finals
38	Girls U 9 4x200 m	Finals
39	Boys U 10 4x200 m	Finals
40	Girls U 10 4x200 m	Finals

10:30am

41	Girls U 12 Discus	Finals
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11:00am

42	Boys U 15 Long Jump	Finals
43	Girls U 15 Long Jump	Finals
44	Boys U 11 Long Jump	Finals
45	Girls U 11 Long Jump	Finals

11:15am

46	Boys U 7 4x70 m Shuttle	Finals
47	Girls U 7 4x70 m Shuttle	Finals
48	Boys U 9 Discus	Finals
49	Girls U 9 Discus	Finals

11:30am

50	Boys U 8 4x100 m Shuttle	Finals
51	Girls U 8 4x100 m Shuttle	Finals
52	Boys U 10 Shot Put	Finals
53	Girls U 10 Shot Put	Finals

12:00pm

54	Boys U 13 High Jump	Finals
55	Girls U 13 High Jump	Finals

12:30pm

56	Boys U 16 4x100 m	Finals
57	Girls U 16 4x100 m	Finals
58	Boys U 17 4x100 m	Finals
59	Girls U 17 4x100 m	Finals
60	Boys U 14 Long Jump	Finals
61	Girls U 14 Long Jump	Finals

1:00pm

62	Boys U 15 4x100 m	Finals
63	Girls U 15 4x100 m	Finals
64	Boys U 12 4x100 m	Finals
65	Girls U 12 4x100 m	Finals
66	Boys U 12 Discus	Finals

1:15pm

67	Boys U 11 Discus	Finals
68	Girls U 11 Discus	Finals

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1:30pm

69	Boys U 15 High Jump	Finals
70	Girls U 15 High Jump	Finals

1:40pm

71	Boys U 11 4x100 m	Finals
72	Girls U 11 4x100 m	Finals
73	Boys U 13 4x100 m	Finals
74	Girls U 13 4x100 m	Finals

2:00pm

75	Boys U 17 Shot Put	Finals
76	Girls U 17 Shot Put	Finals

2:30pm

77	Boys U 14 4x100 m	Finals
78	Girls U 14 4x100 m	Finals
79	Boys U 9 4x100 m	Finals
80	Girls U 9 4x100 m	Finals
81	Boys U 10 4x100 m	Finals
82	Girls U 10 4x100 m	Finals
83	Boys U 16 Long Jump	Finals
84	Girls U 16 Long Jump	Finals
85	Boys U 10 Long Jump	Finals
86	Girls U 10 Long Jump	Finals
87	Boys U 14 High Jump	Finals
88	Girls U 14 High Jump	Finals

2:45pm

89	Boys U 13 Shot Put	Finals
90	Girls U 13 Shot Put	Finals

3:30pm

91	Boys U 17 Long Jump	Finals
92	Girls U 17 Long Jump	Finals
93	Boys U 15 Discus	Finals

3:45pm

94	Boys U 11 Medley	Finals
95	Girls U 11 Medley	Finals
96	Boys U 12 Medley	Finals
97	Girls U 12 Medley	Finals
98	Boys U 12 High Jump	Finals
99	Girls U 12 High Jump	Finals

4:00pm

100	Boys U 16 Discus	Finals
101	Girls U 16 Discus	Finals
102	Boys U 11 Shot Put	Finals
103	Girls U 11 Shot Put	Finals

4:45pm

104	Boys U 17 Discus	Finals
105	Girls U 17 Discus	Finals
106	Girls U 15 Discus	Finals



TIME CHANGES TO THE PROGRAM

EVENT#	EVENT	PROGRAM TIME	NEW TIME
24	U13 BOYS DISCUS	9AM	8.30AM
29	U7 BOYS DISCUS	9.30AM	9AM
41	U12 GIRLS DISCUS	10.30AM	10AM
48	U9 BOYS DISCUS	11.15AM	10.45AM
49	U9 GIRLS DISCUS	11.15AM	11.30AM
66	U12 BOYS DISCUS	1PM	12.30PM
67	U11 BOYS DISCUS	1.15PM	12.50PM
68	U11 GIRLS DISCUS	1.15PM	1.45PM
93	U15 BOYS DISCUS	3.30PM	3PM
100	U16 BOYS DISCUS	4PM	3.45PM
101	U16 GIRLS DISCUS	4PM	3.45PM
105	U17 GIRLS DISCUS	4.45PM	5.15PM
106	U15 GIRLS DISCUS	4.45PM	4.15PM