



# CALOUNDRA LITTLE ATHLETICS



In conjunction with USCAC

## OPEN DAY PROGRAM

Events may be brought forward up to 30 minutes to times listed.

TIME	TRACK EVENT	AGE	GENDER	TIME	FIELD EVENT	AGE	GENDER
<b>8.30am</b>				<b>8.30am</b>			
1-4	1500m	15-OPEN	BOYS	17	SHOT PUT	6	BOYS
5-8	1500M	15-OPEN	GIRLS	18	SHOT PUT	6	GIRLS
9	1500M	14	BOYS	19	DISCUS	8	BOYS
10	1500M	14	GIRLS	20	DISCUS	8	GIRLS
11	1500M	13	BOYS	21	HIGH JUMP	10	BOYS
12	1500M	13	GIRLS	22	HIGH JUMP	10	GIRLS
13	1500M	12	BOYS	23	LONG JUMP	9	BOYS
14	1500M	12	GIRLS	24	LONG JUMP	9	GIRLS
15	1500M	11	BOYS	25	TRIPLE JUMP	11	BOYS
16	1500M	11	GIRLS				
<b>9.30am</b>				<b>9.15am</b>			
51	70M	7	BOYS	26-30	SHOT PUT	14-OPEN	BOYS
52	70M	7	GIRLS	31-35	SHOT PUT	14-OPEN	GIRLS
53	70M	10	BOYS	36	DISCUS	13	BOYS
54	70M	10	GIRLS	37	DISCUS	13	GIRLS
55	70M	9	BOYS	38	HIGH JUMP	11	BOYS
56	70M	9	GIRLS	39	HIGH JUMP	11	GIRLS
57	70M	8	BOYS	40	TRIPLE JUMP	12	BOYS
58	70M	8	GIRLS	41-45	LONG JUMP	14-OPEN	BOYS
59	70M	6	BOYS	46-50	LONG JUMP	14-OPEN	GIRLS
60	70M	6	GIRLS				
<b>10:00am</b>				<b>10.00am</b>			
70	1100W	11	BOYS	61	SHOT PUT	10	BOYS
71	1100W	11	GIRLS	62	SHOT PUT	10	GIRLS
72	1100W	10	BOYS	63	DISCUS	7	BOYS
73	1100W	10	GIRLS	64	DISCUS	7	GIRLS
74	700W	9	BOYS	65	HIGH JUMP	9	BOYS
75	700W	9	GIRLS	66	HIGH JUMP	9	GIRLS
76-82	1500W	12-OPEN	BOYS	67	LONG JUMP	8	BOYS
83-89	1500W	12-OPEN	GIRLS	68	LONG JUMP	8	GIRLS
				69	TRIPLE JUMP	12	GIRLS

**TRACK Cont.****11:00am**

107	100M	17-99	BOYS
108	100M	17-99	GIRLS
109	100M	U17	BOYS
110	100M	U17	GIRLS
111	100M	U16	BOYS
112	100M	U16	GIRLS
113	100M	15	BOYS
114	100M	15	GIRLS
115	100M	14	BOYS
116	100M	14	GIRLS
117	100M	13	BOYS
118	100M	13	GIRLS
119	100M	12	BOYS
120	100M	12	GIRLS
121	100M	11	BOYS
122	100M	11	GIRLS
123	100M	6	BOYS
124	100M	6	GIRLS
125	100M	10	BOYS
126	100M	10	GIRLS
127	100M	9	BOYS
128	100M	9	GIRLS
129	100M	8	BOYS
130	100M	8	GIRLS
131	100M	7	BOYS
132	100M	7	GIRLS

**1:00pm**

149	400M	11	BOYS
150	400M	11	GIRLS
151	400M	12	BOYS
152	400M	12	GIRLS
153	400M	13	BOYS
154	400M	13	GIRLS
155	400M	14	BOYS
156	400M	14	GIRLS
157	400M	15	BOYS
158	400M	15	GIRLS
159-161	400M	16-OPEN	BOYS
162-164	400M	16-OPEN	GIRLS
165	400M	10	BOYS
166	400M	10	GIRLS

**FIELD Cont.****10:45am**

90	SHOT PUT	13	BOYS
91	SHOT PUT	13	GIRLS
92-96	DISCUS	14-OPEN	BOYS
97-101	DISCUS	14-OPEN	GIRLS
102	HIGH JUMP	12	BOYS
103	HIGH JUMP	12	GIRLS
104	LONG JUMP	6	BOYS
105	LONG JUMP	6	GIRLS
106	TRIPLE JUMP	11	GIRLS

**11:30pm**

133	SHOT PUT	8	BOYS
134	SHOT PUT	8	GIRLS
135	DISCUS	10	BOYS
136	DISCUS	10	GIRLS
137-141	TRIPLE JUMP	14-OPEN	BOYS
142-146	TRIPLE JUMP	14-OPEN	GIRLS
147	LONG JUMP	7	BOYS
148	LONG JUMP	7	GIRLS

**1:00pm**

167	SHOT PUT	9	BOYS
168	SHOT PUT	9	GIRLS
169	DISCUS	11	BOYS
170	DISCUS	11	GIRLS
171	HIGH JUMP	13	BOYS
172	HIGH JUMP	13	GIRLS
173	LONG JUMP	10	BOYS
174	LONG JUMP	10	GIRLS

**1:45pm**

175	SHOT PUT	12	BOYS
176	SHOT PUT	12	GIRLS
177	DISCUS	9	BOYS
178	DISCUS	9	GIRLS
179-183	HIGH JUMP	14-OPEN	BOYS
184-188	HIGH JUMP	14-OPEN	GIRLS
189	LONG JUMP	11	BOYS
190	LONG JUMP	11	GIRLS
191	TRIPLE JUMP	13	GIRLS

**TRACK Cont.****FIELD Cont.****2.00pm**

192	200M	7	BOYS
193	200M	7	GIRLS
194	200M	8	BOYS
195	200M	8	GIRLS
196	200M	10	GIRLS
197	200M	10	GIRLS
198	200M	9	BOYS
199	200M	9	GIRLS
200/202/204	200M	16-OPEN	BOYS
201/203/205	200M	16-OPEN	GIRLS
206	200M	15	BOYS
207	200M	15	GIRLS
208	200M	13	BOYS
209	200M	13	GIRLS
210	200M	14	BOYS
211	200M	14	GIRLS
212	200M	12	BOYS
213	200M	12	GIRLS
214	200M	11	BOYS
215	200M	11	GIRLS

**2.30pm**

216	SHOT PUT	11	BOYS
217	SHOT PUT	11	GIRLS
218	LONG JUMP	12	BOYS
219	LONG JUMP	12	GIRLS
220	TRIPLE JUMP	13	BOYS

**3.15pm**

221	DISCUS	12	BOYS
222	DISCUS	12	GIRLS
223	LONG JUMP	13	BOYS
224	LONG JUMP	13	GIRLS
225	SHOT PUT	7	BOYS
226	SHOT PUT	7	GIRLS
259/260	JAVELIN	11	B & G

**3.45pm**

245/246	JAVELIN	12 & 13	BOYS
247/248	JAVELIN	12 & 13	GIRLS
249-253	JAVELIN	14-OPEN	BOYS
254-258	JAVELIN	14-OPEN	GIRLS

**3.30pm**

227	800M	10	BOYS
228	800M	10	GIRLS
229	800M	14	BOYS
230	800M	14	GIRLS
231	800M	15	BOYS
232	800M	15	GIRLS
233-235	800M	16-OPEN	BOYS
236-238	800M	16-OPEN	GIRLS
239	800M	11	BOYS
240	800M	11	GIRLS
241	800M	12	BOYS
242	800M	12	GIRLS
243	800M	13	BOYS
244	800M	13	GIRLS