



# SUMMER

## DEVELOPMENT CLINICS

WEDNESDAY  
**16 DEC 2020 & 20 JAN 2021**

8:30AM – 12:30PM | SUNSHINE COAST PCYC



Level 3 & 4 Coaches  
plus LAQ Development Officers

Open to all LAQ Registered Athletes  
U9-17 AGE GROUPS



**3 SESSIONS OF YOUR CHOICE**  
**\$40 PER ATHLETE**

### CHOOSE FROM

Sprints, Hurdles, High Jump (Flop & Scissors), Long Jump,  
Triple Jump, Discus, Shot Put, Javelin & Race Walking



**REGISTRATIONS CLOSE**  
**CLINIC 1 - FRIDAY 11 DECEMBER**  
**CLINIC 2 - FRIDAY 15 JANUARY**



Be quick.  
Session capacity is strictly limited.

Register via our website

**[WWW.NAMBOURLITTLEATHLETICS.COM.AU/CLINICS](http://WWW.NAMBOURLITTLEATHLETICS.COM.AU/CLINICS)**

Supported by



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